

Mynydd Myfyr**24-May-15**

Position	Time	Runner Name	Club Name	Age Group	Position in Age Group	Race Number
1	00:20:47	Oli Blake	Oswestry Olympians	M	1	70
2	00:22:21	Max Wainwright	Helsby RC	M	2	43
3	00:22:45	Jez Brown	Buckley Runners	M40	1	37
4	00:23:05	Tom Heard	U/A	M	3	81
5	00:23:23	Ian Lowe	Oswestry Olympians	M40	2	5
6	00:23:27	Rob Kerr	Shrewsbury Triathlon Club	M	4	54
7	00:23:29	Simon Edwards	Buckley Runners	M40	3	36
8	00:23:46	Colin Thompson	Helsby RC	M	5	79
9	00:23:53	Andy Salt	Ludlow Runners	M	6	38
10	00:23:59	Steve Toogood	Buckley Runners	M50	1	25
11	00:24:11	Ben Fletcher	Delamere Spartans	M40	4	15
12	00:24:12	Paul Bowes	Shropshie Shufflers	M45	1	45
13	00:24:14	Edward Davies	Maldwyn Harriers	M60	1	17
14	00:24:17	Phillip Roberts	Helsby RC	M	7	34
15	00:24:19	Neil Finegan	Helsby RC	M40	5	13
16	00:24:32	Jamie Davies	Telford AC	M	8	28
17	00:24:52	Steve Turk	Shrewsbury AC	M45	2	33
18	00:25:04	Sam Jones	Oswestry Olympians	J.M15	1	84
19	00:25:09	Steve Roberts	Oswestry Olympians	M60	2	6
20	00:25:11	Stephane Borie	Checkers Chuggers	M	9	67
21	00:25:19	Mark A Jones	U/A	M45	3	92
22	00:25:41	Tom Benson	Good Gym	M	10	62
23	00:26:12	Peter Heyward	U/A	M	11	61
24	00:26:26	Turpin Jerome	U/A	M	12	56
25	00:26:34	Rob Davies	Oswestry Olympians	M45	4	59
26	00:26:43	Jon Dickinson	U/A	M	13	91
27	00:26:44	Richard Foggin	Oswestry Olympians	M50	2	51
28	00:27:18	Dan Benson	Checkers Chuggers	M	14	90
29	00:27:26	Darrell Walsh	U/A	M	15	88
30	00:27:33	Ian Rutherford	Helsby RC	M40	6	12

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31	00:27:38	Bernie Jones	Maldwyn Harriers	M55	1	30
32	00:27:39	David Hughes	Oswestry Olympians	M50	3	52
33	00:27:41	Dave Mayhew	Last Inn Runners	M55	2	50
34	00:27:48	Hayley Evans	Buckley Runners	F35	1	35
35	00:28:04	Duncan Jones	Denbigh Harriers	M55	3	46
36	00:28:15	Ali Tickner	Oswestry Olympians	F45	1	42
37	00:28:23	Nick Blake	Oswestry Olympians	M55	4	1
38	00:28:24	Alice Walton	Oswestry Olympians	F	1	31
39	00:28:30	Peter Roberts	Buckley Runners	M70	1	4
40	00:28:47	Toby Blake	U/A	M	16	71
41	00:29:01	Joanne Lacking	Helsby RC	F35	2	41
42	00:29:03	Curtis Langley	U/A	M	17	29
43	00:29:20	Rob Duckers	U/A	M	18	24
44	00:29:26	Janet Robertson	Helsby RC	F45	2	9
45	00:29:27	Tim Jefferis	Oswestry Olympians	M	19	75
46	00:29:32	Alun Robert	U/A	M	20	89
47	00:29:36	David Benson	U/A	M60	3	86
48	00:29:38	Louise McEveley	Helsby RC	F45	3	82
49	00:29:40	Andy Smith	Helsby RC	M50	4	7
50	00:29:43	Yvonne Hill	Oswestry Olympians	F50	1	26
51	00:29:47	Hazell Barrett	Buckley Runners	F50	2	27
52	00:29:53	David Madders	Helsby RC	M40	7	20
53	00:30:02	Steve Jones	Eyri RC	M60	4	55
54	00:30:49	Ellen Ashton	Oswestry Olympians	F45	4	49
55	00:31:03	Emma Dainty	U/A	F	2	40
56	00:31:28	Ben Williams	Helsby RC	M	21	16
57	00:31:29	Robert Dainty	U/A	M	22	39
58	00:31:45	Dominic Cole	U/A	M	23	63
59	00:32:19	Jacob Jefferis	U/A	J.M15	2	74
60	00:32:29	Annie Ritson	U/A	F	3	68

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61	00:32:29	Joshua Warren	U/A	M	24	69
62	00:32:41	Sarah Greaves	Oswestry Olympians	F55	1	60
63	00:32:46	Suzanne Fletcher	Helsby RC	F	4	14
64	00:33:09	Bruce McKay	U/A	M50	5	76
65	00:34:19	Claire Cherrie	U/A	F	5	78
66	00:34:20	Andy Clarke	U/A	M55	5	77
67	00:34:25	Olly Jefferis	U/A	M	25	72
68	00:34:26	Jodie Allen	U/A	F	6	87
69	00:34:30	Sue Buck	Spectrum Striders	F45	5	10
70	00:34:38	Jim Newton	Steyning AC	M45	5	57
71	00:34:53	Susan Bowes	Shropshie Shufflers	F40	1	44
72	00:35:00	Juliette McGill	Shropshie Shufflers	F	7	32
73	00:35:07	Ian Beattie	Telford AC	M55	6	11
74	00:35:52	Julie Davies	Oswestry Olympians	F35	3	22
75	00:35:57	Kirsty Duckers	RAF	F	8	23
76	00:36:10	Jo Farwell	Helsby RC	F45	6	18
77	00:36:37	Irene Evison	U/A	F45	7	65
78	00:36:38	Ben Hussain	U/A	M50	6	85
79	00:36:40	Ffiona Lewis	U/A	F	9	93
80	00:36:46	Ruth Jefferis	U/A	J.L16	1	73
81	00:36:51	Shan McCarthy	Helsby RC	F45	8	19
82	00:37:14	Mags Newton	Steyning AC	F40	2	58
83	00:38:07	Rob Hurley	Wrekin Road Runners	M50	7	80
84	00:38:14	Emma Colerick	Oswestry Olympians	J.L15	1	83
85	00:38:54	Emma Barnes	Helsby RC	F40	3	21
86	00:39:07	Jane Coxall	U/A	F35	4	64
87	00:39:44	Helen Ellis	U/A	F50	3	47
88	00:39:45	Tracey Passmore	Oswestry Olympians	F50	4	48
89	00:40:36	Helen Gillard	Helsby RC	F50	5	2
90	00:40:37	Phil Gillard	Helsby RC	M50	8	3

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91	00:40:48	Sarah Francis	Checkers Chuggers	F35	5	66
92	00:41:12	Alan Hodgkiss	Telford AC	M70	2	8
93	00:46:09	Rosie Steele	U/A	F40	4	53