

Mynydd Myfyr**4th June 2022**

<i>Position</i>	<i>Time</i>	Race Number	<i>Runner Name</i>	<i>Club Name</i>	<i>Age Group</i>	<i>Position in Age Group</i>
1	00:22:36	168	Tom Heard	Oswestry Olympians	M40	1
2	00:23:19	153	Neil Finegan	West Cheshire AC	M45	1
3	00:23:35	173	Peter Middleton	Shrewsbury AC	M40	2
4	00:23:56	147	Ryan Stokes	unaffiliated	M	1
5	00:24:03	174	Paul Sissons	Oswestry Olympians	M40	3
6	00:24:13	178	Tim Tansley	Oswestry Olympians	M45	2
7	00:24:28	161	Henry Robinson	West Cheshire AC	JM	1
8	00:24:59	184	Peter Jones	Oswestry Olympians	M45	3
9	00:25:02	172	Sam Griffiths	Settle Harriers	M40	4
10	00:25:18	179	Bevan Adams	Wretford AC	M50	1
11	00:25:31	166	Evan Roberts	Oswestry Olympians	JM	2
12	00:25:31	177	Kevin Smith	Helsby RC	M40	5
13	00:25:35	164	David Alexander	West Cheshire AC	M50	2
14	00:25:54	154	Beth Rawlinson	Wolves & Bilston	JF	1
15	00:26:02	188	Stephane Borie	Monty Movers	M40	6
16	00:26:10	145	Garry Jerman	Maldwyn Harriers	M55	1
17	00:27:00	183	Charlotte Hunter	Oswestry Olympians	F	1
18	00:27:06	191	Brian Rothera	Oswestry Olympians	M50	3
19	00:27:47	157	Ian Lowe	Oswestry Olympians	M50	4
20	00:28:03	156	Lou Williams	Oswestry Olympians	F40	1
21	00:28:20	169	Nicola Shipp	Oswestry Olympians	F45	1
22	00:28:23	170	Jodi Bemand	West Cheshire AC	JF	2
23	00:28:43	163	Georgie Jones	Oswestry Olympians	F	2
24	00:29:16	167	Arren Roberts	Oswestry Olympians	M50	5
25	00:30:21	146	Duncan Jones	Denbigh Harriers	M60	1
26	00:30:28	149	Lynne Callaghan	Trentham RC	F45	2
27	00:30:35	165	Jim Jones	Helsby RC	M55	2
28	00:30:37	180	Neil Wilkinson	Oswestry Olympians	M50	6
29	00:30:38	162	Julie Davies	Oswestry Olympians	F45	3
30	00:30:48	158	Ellie Robinson	West Cheshire AC	F50	1

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31	00:31:34	176	Kevin Randall	Valley Hill Runners	M	2
32	00:32:32	148	Marc Recoquille	unaffiliated	M50	7
33	00:32:33	185	Lauren Poole	Lawley RC	F	3
34	00:33:21	186	Zoe Harney	unaffiliated	F45	4
35	00:33:21	187	Alan Thrope-Dowsey	unaffiliated	M50	8
36	00:33:22	159	Joy Hickman	West Cheshire AC	F55	1
37	00:33:57	155	Flora Gunner	Croft Ambrey	F55	2
38	00:35:12	190	Lexie Borie	unaffiliated	JF	3
39	00:35:13	189	Bella Renison	unaffiliated	JF	4
40	00:36:10	181	David Benson	unaffiliated	M65	1
50	00:36:35	194	Sara Robinson	Oswestry Olympians	F45	5
42	00:36:52	192	Sarah Frances	Monty Movers	F45	6
43	00:37:16	171	Debra Bemand	West Cheshire AC	F50	2
44	00:40:05	151	Yvonne Humphries	Oswestry Olympians	F40	2
45	00:40:06	150	Sarah Greaves	Oswestry Olympians	F65	1
46	00:42:07	182	Lynne Faulks	unaffiliated	F45	7
47	00:42:07	193	Kati MacDonald	unaffiliated	F45	8
48	00:43:05	152	Kay Cottrell	Run Free Fellrunners	F65	2
49	00:43:18	175	Kirsty Randall	unaffiliated	F35	1
50	01:11:31	160	Peter Norman	Wrexham AC	M80	1