

Mynydd Myfyr**28th May 2023**

Position	Time	Race Number	Runner Name	Club Name	Age Group	Position in Age Group
1	00:21:55	336	Oliver Blake	Oswestry Olympians	M	1
2	00:23:02	344	Tom Heard	Oswestry Olympians	M40	1
3	00:23:55	314	Jez Brown	Buckley	M50	1
4	00:24:01	328	Paul Sissons	unaffiliated	M40	2
5	00:24:13	305	Ryan Stokes	Oswestry Olympians	M	2
6	00:24:26	313	Gerard Coleman	Buckley	M	3
7	00:24:45	326	Ian Lowe	Oswestry Olympians	M50	2
8	00:25:45	345	Dougal Rees	unaffiliated	M	4
9	00:25:53	315	Andrew Peers	Buckley	M	5
10	00:26:23	364	Finlay Parr	unaffiliated	M	6
11	00:26:29	317	David Alexander	West Cheshire AC	M50	3
12	00:26:58	355	Warwick Fynn	unaffiliated	M	7
13	00:27:05	330	Andy Clarke	Oswestry Olympians	M65	1
50	00:27:42	340	Ross Wilkinson	unaffiliated	M45	1
15	00:27:48	354	Alec Reece	unaffiliated	M	8
16	00:27:50	322	Edward Davies	Maldwyn Harriers	M65	2
17	00:28:25	369	Andrew Wilson	unaffiliated	M50	4
18	00:28:43	327	Paul Targett	Holcombe Harriers	M55	1
19	00:28:51	338	Arren Roberts	Oswestry Olympians	M50	5
20	00:29:12	337	Ashley Gray	Oswestry Olympians	M50	6
21	00:29:13	334	Dale Walton	unaffiliated	M45	2
22	00:29:18	341	Christine Cammillare	Deestriders	F35	1
23	00:29:21	352	Dan Benson	New Barns	M40	3
24	00:29:41	353	Matthew Knapper	unaffiliated	M45	3
25	00:29:55	349	James Anderson	unaffiliated	M	9
26	00:30:12	342	Paul Lewtey	Deestriders	M45	4
27	00:30:14	301	Nick Blake	Oswestry Olympians	M65	3
28	00:30:55	347	Hilary Coleman-Rees	unaffiliated	F	1
29	00:31:26	356	Hannah Fynn	Oswestry Olympians	F	2
30	00:31:33	365	Tom Smith	unaffiliated	M	10

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31	00:31:49	362	Kieran Evans	unaffiliated	M	11
32	00:33:20	366	Joseph Elliott	unaffiliated	M	12
33	00:33:25	348	Jessica Rees	unaffiliated	F	3
34	00:33:32	367	Sara Robinson	Oswestry Olympians	F45	1
35	00:33:53	300	Tony Pepper	Oswestry Olympians	M75	1
36	00:33:55	310	Finella Higgins	Buckley	F50	1
37	00:33:58	339	Stephen Humphries	Ukrunchat	M45	5
38	00:34:31	363	Ryan Evans	unaffiliated	M	13
39	00:35:03	303	Gary Gunner	Croft Ambrey	M75	2
40	00:35:04	358	Julie Lloyd-Evans	Oswestry Olympians	F50	2
41	00:35:49	343	David Benson	unaffiliated	M65	4
42	00:35:50	332	Richard Pullin	Oswestry Olympians	M55	2
43	00:35:52	318	Jess Turner	Shrewsbury AC	JF	1
44	00:36:15	321	Neil Hindle	WFRA	M65	5
45	00:36:18	368	Mark Bellamy	unaffiliated	M55	3
46	00:36:24	307	Steve Brown	Eyri	M50	7
47	00:36:27	325	John Watson	unaffiliated	M	14
48	00:36:28	324	Frederick Davenport-Price	unaffiliated	M	15
49	00:36:43	308	Caroline Caffery	Buckley	F45	2
50	00:37:03	320	Linda Edmondson	WFRA	F60	1
51	00:37:07	335	Hannah Mosford	unaffiliated	F35	2
52	00:37:12	360	Bella Renison	unaffiliated	JF	2
53	00:37:24	306	Glenda Roberts	Prestatyn RC	F60	2
54	00:37:33	351	Cecily Benson	New Barns	F40	1
55	00:37:52	302	Flora Gunner	Croft Ambrey	F60	3
56	00:38:25	312	Evelyn Aindow	Buckley	F50	3
57	00:38:34	316	Sian Meirion	Buckley	F50	4
58	00:38:46	331	Tracey Passmore	unaffiliated	F60	4
59	00:39:00	323	Charles Ashley	Wrexham AC	M65	6
60	00:39:16	357	Sarah Francis	Monty Movers	F45	3

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61	00:39:41	361	Nicola Renison	unaffiliated	F45	4
62	00:40:47	359	Roxy Francis Borie	unaffiliated	JF	3
63	00:41:29	304	Sara Jacobs	Clwydian Range	F55	1
64	00:41:42	309	Kaye Cottrell	Clwb Run Wales	F65	1
65	00:43:53	333	Malcolm Kirk	unaffiliated	M75	3
66	00:44:11	346	Liath Campbell	unaffiliated	F	4
67	00:46:46	350	Amanda Laing	Lonely Goat	F55	2
68	00:54:10	329	David Newland	South London Harriers	M80	1
69	00:54:20	319	Su Wigley	Shropshire Shufflers	F45	5
70	01:07:39	311	Alyson Wynn	Wrexham AC	F65	2